



# Irish Long Distance Swimming Association (ILDSA)

Formed 1966 Celebrated 40 years of open water swimming in 2006

[www.ildsa.info](http://www.ildsa.info)

<b>Official Entry Form for (insert event)</b>	
FULL NAME:	
DATE OF BIRTH:	
ADDRESS:	
POSTCODE:	
EMAIL:	
TELEPHONE NO'S:	
HOME:	
MOBILE:	
NAME of 1 <sup>st</sup> CLAIM CLUB:	
SWIM IRELAND NO:	

GOVERNING BODY NO: (International Swimmers only)	
OPEN WATER SWIMS COMPLETED:	

- Closing date of entries is 14 days before the swim date, with the exception of the Irish International Championship for which the closing date is 30<sup>th</sup> June.
- All swimmers must have a Swim Ireland Number for the current year.
- Only Standard Swimming Costumes, hat and goggles permitted. (No wet/tri-suits allowed).
- Instructions from race officials must be adhered to all times, and all swimmers must attend the pre-swim briefing, or they may not be allowed to swim.
- I declare that I am entering this event of my own choosing and I will place no liability on the ILDSA, its officers and members for any injury sustained or property lost or damaged whilst participating in this event.
- I confirm that I have no medical disabilities that would endanger myself or anyone else participating in this event.
- Please list any medical condition that the organisers should be aware of E.G. Asthma, Diabetes, heart condition, physical disabilities etc:

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- Signature of swimmer \_\_\_\_\_
  - Please send this form & fee to the appropriate Event Secretary – see calendar or website.
  - Entries are limited in some events and may be taken on a first come, first served basis.

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<b>President: Billy Wallace</b>	20 Cherryvale Avenue, Glengormley, Newtownabbey, Co Antrim BT36 7UG	<a href="mailto:billy.wallace@ildsa.info">billy.wallace@ildsa.info</a>
<b>Hon Secretary: Tom McCann</b>	5 Alexander Drive, Warrenpoint, Co Down BT34 3NP	<a href="mailto:tom.mccann@ildsa.info">tom.mccann@ildsa.info</a>
<b>Hon Treasurer: Geoffrey Wilson</b>	1 Parklands, Ballymoney, Co Antrim BT53 7QU	<a href="mailto:geoffrey.wilson@ildsa.info">geoffrey.wilson@ildsa.info</a>